

Colon cleansing by Robert Gray

The smart way to clean colon and healthy intestinal flora

Proposal for application of the normal colon cleansing

Begin the colon cleansing by taking the preparations according to the table

Dosage level	Quantity of the teaspoon MBN per revenue	Quantity the herbal tablets KKT per ingestion	Quantity the lactobacilli LBN teaspoon per intake	Quantity the revenue per day	Minimum number of days at this level
A	1	0	0	1	3
B	1	0	0	2	3
C	2	0	0	1	3
D	2	1	0	1	3
E	2	1	0	2	3
F	2	1	0	2	11
G	2	1	0	4	14
H	2	2	1/2	4	21
I	2	3	1/2	4	Without limitation

Please note: Per teaspoon bulking drink a quart of liquid!

The proposed in the above application table consumption is designed for people of approximately 60 Kg weight. With significant increase or decrease in weight, you should take a percentage more or less mass images and cleansing tablets and corresponding more or less to drink (Example: A person of 30 kg weight increases 50 % less than the proposed amount; a person of 78 Kg weight takes 30 % longer as the proposed amount).

Brush massage daily for guidance in the booklet 1-3 x

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